

# TEENAGERS FAITH-BUILDING

# Tonic



A tool for growing  
**teenagers**  
to **greatness**

Mike Udam, Ph.D

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# DEDICATION

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*To Jeannie Wheeler, a great  
woman who has impacted my life  
positively.*

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# PREFACE

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*Psalms 119:9-11*

*[9]How can a young man cleanse his way? By taking heed according to Your word.*

*[10]With my whole heart I have sought You; Oh, let me not wander from Your commandments!*

*[11]Your word I have hidden in my heart, That I might not sin against You.*

There is no better way of hedging the Youth in the Church than saturating them with godly instructions and guidance.

The 21st Century Christian youth is much more exposed to temptations around and about him than ever before. Every click on the Internet is jaundiced by the viruses of advertised sexchats, porn and betting as pop-up. Every metre of his social and physical environment is policed by drug addicts. The schools are not insulated from social ills either.

The future of both the secular society and the Church in productive terms depend on vibrant youth who are intellectually and morally sound and stable. Drugs, sex, financial rascality, get-rich-quick syndrome that is accentuated by IT has laid mines mostly for the youth and their proclivity to technology.

Deforestation hits the environment most when forest shrubs are cut down. Aforestation or reforestation is also effective only when shrubs are protected. This is what Dr Mike Udam's book has done to the future of not just the Church but also society and humanity at large.

Of course, the church and the parents who should be responsible for the upbringing of children need this book as a "drug administration" mechanism in the home and youth class lessons.

**Terkule Aorabee, Children/Youth Development  
Enthusiast**

*Church of Christ, Behind T.C. Quarters, Jalingo.*