

# DRUM

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JUNE 1975

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AIR CRASH**

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PLAN  
FOR  
LAGOS**

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## Swiss banks are honest

PEOPLE have odd ideas about Swiss banks, as they have about the Swiss Press (DRUM, February). The Swiss government cannot interfere in the affairs of the banks or the Press unless they break the law.

The estate of Haile Selassie's funds in Switzerland, or those of other Third World leaders are unknown to the Swiss government, and the government has no power to hand them over to third parties.

Switzerland's private banking system has over the years earned a high reputation for reliability. This is good for the Swiss and for all those who deposit funds in Switzerland. The fact that some of these funds come from illicit activities is an unfortunate by-product.

**Banker, Switzerland.**  
In many parts of the world it is a criminal offence to receive stolen property. The immoral Swiss banks are not helping the cause of their country by receiving and keeping public funds stolen by foreign thieves. No decent person could respect such a practice. — Editor.

# DRUM LETTERS

## Nation of murderers

I READ with much sympathy and shock in the August 1974 DRUM of the Nigerians who have been kidnapped and murdered for ritual purposes. Nigeria is respected and loved by other nations; but I wonder what these nations will feel if they know that we are a nation of ritual murderers? The government should introduce harsh laws to deal with anyone caught in ritual murders, or kidnapping.

**Akin Abegbon, Ode-Aye**  
There are harsh laws on the evil already. The pity of it is that there are too few clues to help track down culprits

## Cut the cost of DRUM

THE price of DRUM has progressively risen in the past years. Why? I hope the management will do something about the rising cost of our lovely DRUM.

**Augustine Enya, Abakaliki, Nigeria.**  
The circumstances surrounding the rising costs of magazines and newspapers are universal and rooted in the increasing scarcity and soaring cost of newsprint and production costs throughout the world. We want to thank all our readers for their continued support in spite of the increase in the cover price of DRUM and its sister magazine, TRUST. — Editor.



Soji Simpson: His friend should be questioned

## Question Soji's friend

I READ in DRUM of the disappearance of one of Nigeria's promising playwrights, Mr. Soji Simpson. I would like to refer to that aspect of the report which reads: "The last I saw him was when he took his meal here together with one of his friends. But, surprisingly, this friend of his has not visited us since Soji's disappearance." Who is this friend? The police might get a clue to Soji's disappearance if this friend was rigorously questioned by a detective.

**Remi Olorunlusi, Akure**  
Don't jump to conclusions. The friend may be innocent. — Editor.

Have you got anything to say? Write to DRUM, 37 Ibadan Street (West) Eb Metta, Lagos.

## A kiss for the army

CONGRATULATE the Federal Military Government for its stand on U.P.E. It is a bold effort by the government and the military rulers in Nigeria deserve a big kiss. The encouragement now being given to teachers will make teaching an attractive profession, and encourage teachers to work harder.

**Geoffrey Etumudun, Agbor**  
U.P.E. is not enough. Nigeria is rich enough to make education free up to University level. It is one of the ways of making the oil wealth reach the struggling masses. Free education at all levels is a bold programme but the government should not be scared to embark on it. The public will appreciate such a step. — Editor.

## Army is here to stay

ONE keeps wondering whether the Army enthroned themselves in power to restore peace or to taste power. But to me it is now obvious that the Army has come to stay in power, otherwise how long does it take to restore peace in a country? The Military Government is not a normal government anywhere, so the suggestion by Zik for a Civilian — Army government should be disregarded. I am not against these Army chaps, but their continuous stay in power is, in my view, a wrong thing to do. Please comment, Mr. Editor. Or are you afraid?

I will make my stand known fairly shortly on Army Rule. Talking about fear, are you bullet-proof? If you are, please take me into the secret so I can share it with DRUM readers. — Editor.

## Why go to the moon?

WHY do Americans want to go to the moon? I ask this question because I feel that God created this world for us, and all things on earth for our use. He loves the world so much that he sent his son as our redeemer. We are all growing and socialising in the world created for us. Why do we need to go to the moon?

**Katwe, Benin City**  
Man's search for the unknown made it possible for mankind to achieve some of the things you and I are enjoying today. Man should strive to make the world better than it was when he came into it. — Editor.



Cyprian Ekwensi: Praise — and a volunteer.

## I am the new Jesus

LAST December Cyprian Ekwensi wrote that a Nigerian Jesus is needed to tackle the ills of the country, especially the most devilish of them all corruption. After going through all the qualities and characteristics of Cyprian Ekwensi's Jesus, I have found myself a suitable applicant. I am ready to sacrifice myself for the total eradication of corrupt practices in the country. But you should all pray to God to grant me superhuman power which is necessary in accomplishing this big task. Let me know when to start performing my functions.

**Michael Oseni, Sokoto**  
The position of a Nigerian Jesus does not require a specific letter of appointment. If you find yourself capable, you can start the crusade even today. But first of all search your mind

as to whether or not you are willing to be nailed on the cross and betrayed. And don't forget, the bullet has replaced the nail in many parts of the world. A modern Jesus may have to face either firing squad in secret or in public. I know a man who tried to be a near-Jesus. He was put on a compulsory holiday at a special resort which you may not enjoy terribly much. — Editor.

## Well done, Cyprian

THE last three issues of DRUM have been very interesting because of Cyprian Ekwensi's articles, especially in the January, 1975 edition. The article brought to light issues about Africans who live European lives in Africa. Such articles are educative and thought-provoking.

**Deji Abari, Ife.**  
Thanks for your appreciation. It will serve as an encouragement to all concerned, particularly Cyprian. — Editor.

## El Mohr is the greatest

EL MOHR is the greatest columnist in your magazine when it comes to metaphysical science. Can I know his address?

**Femi Johnson, Ibadan**  
Write to him care of DRUM. — Editor.

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EVERYDAY scene in the log-jam of Lagos traffic. The U.N. hopes it has an escape plan.

**NOW'S  
THE  
TIME TO  
END THIS  
CHAOS!**

THE PROBLEMS facing Lagos have hitherto defied all solution. A chaotic traffic go-slow, the land racket, an acute housing shortage — one would think that nothing ever goes right in Nigeria's capital city. Now the Nigerian Government has asked the United Nations to look into the problems and produce a masterplan for Lagos.

# Escape — from Lagos go-slow

**L**AGOS may be bedeviled by more problems than any other city in the world I have known, but at least everybody here knows these problems and everybody that matters is determined to solve them as soon as possible. So said Mr. Kole Jordanovski, a stocky Yugoslav heading a U.N. scheme to make a masterplan for Nigeria's capital by 1978.

Mr. Jordanovski knows what

he is talking about. He directed the reconstruction of his native Skopje, in southern Yugoslavia, after one of the world's worst earthquake disasters ever obliterated the city in 1963. In 1970 he was project manager on a U.N. operation to rebuild Chimbote in Peru after a similar catastrophe.

"Happily," he said, "Lagos has neither suffered an earthquake nor is it likely to. But the

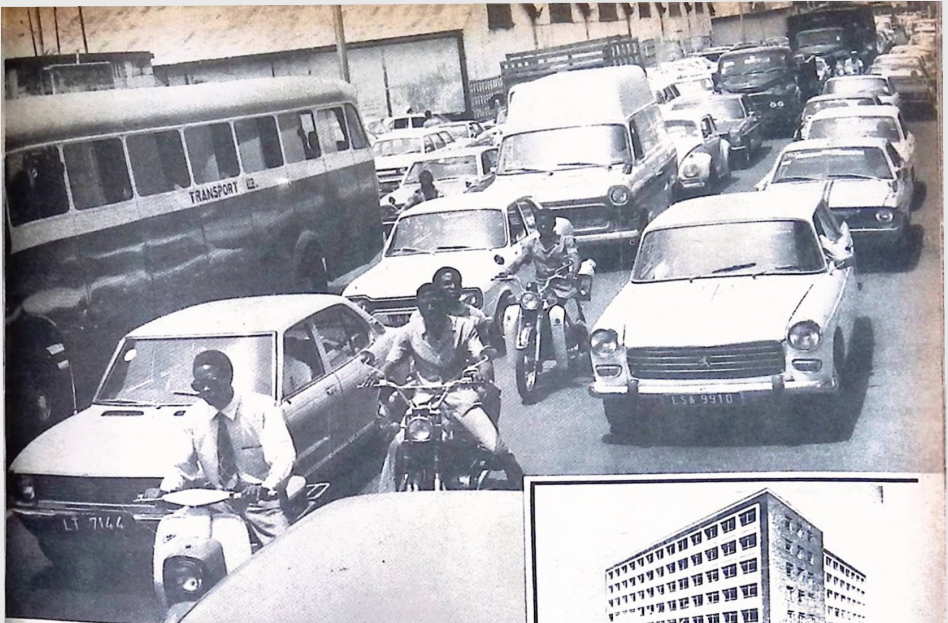
disaster here is that the town has grown astronomically without any plan or thought given to the development."

One of the troubles which Mr. Jordanovski and his Nigerian colleagues are now putting right is lack of reliable information and data. That something like 500 people an acre live in central Lagos — more than twice as many as in New York's Manhattan — is

no more than an educated guess. How many people live in this or that road or service area? All this remains to be counted.

But Mr. Jordanovski's colleagues from the State Ministry of Work Planning are about to produce an "interim land use plan" which will serve as a guide

PLEASE TURN



THE LONG WAIT as traffic crawls into Lagos — taking to water might be one solution.

## Lagos: the way out

continued  
more rational employment of available space.

"There are three chief problems," Mr. Jordanovski said, "transport, housing and sanitation."

What's to be done about transport?

Mr. Jordanovski pulled out of his drawer a large volume which another U.N. expert had recently drafted.

"This may help you to see how our minds are working," Mr. Jordanovski explained.

The expert, Mr. Sigurd Grava, produced the report after spending six weeks in the city last year.

The section on approved improvements suggests a number of emergency measures that should be taken as soon as possible. Vigorous recruitment and training should begin at once of a police force big and capable enough to enforce regulations. Roads must be cleared of disabled vehicles.

Bus stops and terminals ought to be redesigned and rearranged because they are now in themselves a menace to the movement of men and goods. Parking meters should

be introduced and special parking plots provided off the Island Traffic signs must be improved and up to a hundred traffic signals put in operation instead of only one as now.

When need be the army should step in to restore order and reasonable efficiency of movement. This may be particularly important during the Black Arts Festival this year.

Looking further ahead Mr. Grava comes out against fresh or far fetched ideas, such as a monorail. Instead he suggests the existing much underutilised railway line cutting the city from north to south should be improved.

Bus services, chaotic and inadequate as they are, are nonetheless "responsible for the survival of the city." But an improved bus transport service should eventually be operated by the Lagos City Transport Service — with the exception of the efficient minibuses, *kai-kai*, which should remain in private hands "for the foreseeable future" in spite of the "cut-throat" competition.

Water transport has a great future in Lagos, thinks the U.N. expert. But he is against using

the British-invented hovercraft, which travels on a cushion of air, and prefers the hydrofoil, which glides on the water surface.

Significant traffic improvement could be achieved by tapping commuter flows from north of Yaba and bringing them into Lagos via water. The new Federal Secretariat complex built at Ikoyi ought to be connected by a ferry service from Ebute Metta and perhaps Yaba for exclusive use of government employees.

A thought-provoking document no doubt, but hardly the last word on the matter. Yet the people of Lagos may rest assured that while the traffic crawls on, the city authorities, assisted by some of the best town planners in the world, supplied under a UNDP project to which the international organisation has contributed one million dollars (about N621,000) and the Nigerian authorities another N1,200,000, are very busy devising a blueprint that should eventually make everyone in town as happy, well-housed, healthy, safe and fast-moving as possible.



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January 22, 1973 was the blackest day in Africa's aviation history. It was particularly cruel for relatives and friends waiting for their loved ones returning from a pilgrimage to Mecca. In a moment of horror 176 pilgrims died in the inferno that had been an aeroplane. DRUM reviews the events of that tragic day.



CHARRED beyond recognition, these were some of the bodies (top) pulled from the burned out wreckage of the Boeing 707. The picture above shows members of the armed forces combing the remains of the plane for any sign of life. But the fire had been so completely devastating that the only survivors were those who escaped as the plane crashed

**T**O everything, there is a season, says the Bible, a time to weep and a time to laugh, a time to mourn and a time to dance . . .

To many Nigerians, January 22, 1973 was a day to weep and mourn. It was a Monday morning, a public holiday set aside by the Federal Military Government to celebrate the second All-Africa Games which ended in Lagos on Saturday, January 20.

So it was, until fate decided otherwise at about 10.45 a.m. The day which started with merry-making ushered in one of the darkest moments in Africa's aviation history.

The scene was Kano Airport, the destination of the tragic flight from Jeddah.

The disaster surpassed all previous aircraft crashes in Africa in magnitude and tragedy. The Royal Jordanian

Airlines' Boeing 707 conveying 202 home coming pilgrims crashed and burst into flames just a few minutes before the end of a scheduled flight from Jeddah, Saudi Arabia, killing 176 passengers. There were 33 survivors, including the American-born pilot.

The harmanın seemed very unkind in the early hours of that day. The weather was freak and visibility poor. The usual big airport crowd was there to meet pilgrims returning from the Holy Land. Hundreds of relatives and friends of the homecoming pilgrims waited anxiously to welcome their loved ones.

The happy crowd looked on as the ill-fated plane slowed down and moved in to land. Suddenly there was a deafening bang and the plane burst into flames.

Total confusion reigned as

the panic-stricken crowd. Fire engulfed the aircraft and helpless relatives and friends of the pilgrims trapped and broke down in tears.

Firefighters were hampered by an acute shortage of equipment. Despite their efforts the flames drove them back to the scene to help, but despite their efforts they could not contain the inferno's tempo.

Volunteers rushed to the scene to help, but despite their efforts they could not contain the inferno's tempo. The rescuers to reach the found survivors starting too dazed to think of anything. Some were screaming for help while others wretched with the agony of their wounds. These survivors first call from the workers: the dead were until later.

One of the heroes was Ahmed Usman, a 25-year-old trader. He escaped from



## FLIGHTPATH TO DISASTER

Maze with only a blistered hand, when returned to rescue his aged aunt, Hajia Hawa.

At about 3.35 p.m. a total of 145 charred bodies had been counted while doctors worked round the clock in two major hospitals — Nasarawa and City hospitals — to save the lives of the pitifully injured.

Later, a combined team of armed forces, medical personnel and volunteers combed the wreckage for more victims. Before nightfall a solemn burial ceremony according to Muslim rites was held at the airport for the repose of the souls of the victims. Afterwards, the charred remains of the victims were conveyed in a convoy of military trucks to Waliyai Muslim cemetery where they were given a mass burial.

Thus, the holy pilgrimage ended tragically for many Nigerians.



**THESE MEN** were lucky. Both of them badly burned, Alhaji Abba (left) and Alhaji Umar were among the survivors. They were pictured in Kano hospital soon after the crash.

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# Bookshelf

**T**HREE of the four books I want to discuss have many things in common. Their publishers are Nigerian.

Their authors are black. The quality of their production meets the highest standards in the book trade anywhere in the world. In content and subject matter they range from folk lore, through fiction and fantasy, to the super-secret service.

The first book, *The Calabash of Wisdom*, is titled from the central story in a collection of Igbo stories by Romanus Egudu. There are 28 stories in all, grouped under stories of origin, stories of explanation (e.g. why the tortoise has a checkered shell, why fowls scratch the earth); stories of tricks; stories of contests; and didactic stories.

These are the ones with the morals: e.g. "That day, they both lived happily as tender sisters. And Omelemma resolved never to mistreat a servant again."

This collection will honour any bookshelf, if you can find the ten dollars to pay for the hardcover or \$3.50 for the paper-covered edition. Libraries, as well as students of African culture, must add this book to their collection. The publisher, is a Nigerian whose business is based in New York.

Another publisher, Joseph Okpaku, also a Nigerian, whose Third Press is also based in New York, has produced the next two books: *The Polygamist* by Nidabaniing Sithole and *Superflight II* by Joseph Okpaku.

Reverend Sithole wrote his novel in a Rhodesian prison while serving his detention for being president of the Zimbabwe African National Union which was banned by Ian Smith. *The Polygamist* is the story of Dube, village head and husband of seven lovely and charming wives, and tells how his own eldest son refuses to follow tradition and breaks away to marry just one wife.

The early pages of the book move very slowly, with heavy information on traditional methods of eating an ox and drinking beer.

"Dube sprang towards the suspecting ox and drove his sharp spear through it just below the right forequarters, at a point on the ribs nearest to the heart. The ox lowered in pain and collapsed. . . . After the other cattle had been driven away, Dube, Sibangani and

## Mixing tradition and the modern



Sithole. . . novel from prison several other men came and dragged the dead ox outside the cattle kraal about 100 yards away."

Once Sithole gets away from laborious description of ritual and tradition, the book begins to move at a pace and with a skillful African quality which reminds one of the classic books like *Tzaka* which have delighted thousands of readers and brought a dignity to the African past which is difficult to equal with an entirely "modern" novel.

*The Polygamist* is a mixture of both modern and traditional. The father, Dube, is an arch traditionalist; and the son, Ndanda, refuses to compromise Western ideas of love, furniture, dress with his inheritance. His father in desperation tells him "Suppose I threw away all my people's dress habits, the spirits of my ancestors would feel hurt, since I would look foreign to them. . . . The very fact that a man is in a foreign dress shows that his heart is always with the foreigners and not with his people."

But his son argues (convincingly) that the new generation of "ancestors" if they were wearing foreign clothes before they died, would recognise their brothers when they too died.

Surprisingly, this book is not directly political. It tends to idealise the traditional, though recognising that Western influences must come even to the village. Sithole handles family situations extremely well, especially the dilemma of the Polygamist, who, as head of his family, is often called upon to make the most delicate of decisions which could break up

his set-up with all his interests. Joseph Okpaku himself and published *Superflight II* and *Muhamad Ali vs Joe Frazier* with a foreword by the world light-heavyweight champion, Jose Torres. Why Okpaku? "As a novelist, enthusiast, the joy of this book lies in the fascination that has attracted millions of other non-fans to the Muhammad Ali-Frazier phenomenon."

In addition to highlighting the main fight of Ali vs Frazier Madison Square Garden, January 28, 1974, the covers *Superflight I* of 1971 "when Frazier beat Foreman-Frazier, January 1973 at Kingston, Jamaica when Frazier lost his crown and the two Ali-Norton fights in March and the other one in March of 1973. In the September of 1973, in the Ali suffered defeat plus a broken jaw; in the second, he regained his position in the boxing ring."

The beauty of this book is not only in the inspiring picture which give you a rounded view at the two world champions Frazier and Ali, but in the poetic feeling which overflows through. It is likely that sports writer would not preach the editing and production of this book in this manner. His picture-book would be technical. But Okpaku has given us a book to cherish to show to our friends, to let our selves. No boxer or boxing boxer can afford not to have his own copy to look at and again. Big fight, big money and the money keeps bigger. *Superflight II* \$4.95.

The last book of the bookshelf this month is curious one which, according to reports, is being read by millions of people, especially in America.

Americans have developed a new taste for revelations particularly in the realms of The CIA and the Intelligence is written by Marchetti, former Director of the Intelligence Agency John D. Marks, former tant Director of the CIA

PLEASE TURN

the decision attached to the book is the story of how the CIA went to court to try and suppress the book. Even the published version is full of deletions.

DRUM readers must try to read such books as part of the exercise of making up your own mind about world issues. I have tried to see what these authors are "revealing" about a government intelligence agency which most would regard as the CIA does "for security." I have seen nothing unusual, except that at last we have some details about the coup against Allende. But not enough.

We must ask ourselves: what support does all this "revelation" serve? Get the book and take a look at Big Power apparatus and try to figure what chances Africa has against that machine. That is what should interest us. The CIA book is a Dell paper back, cost \$1.75.

I tried to try to introduce it to a few books, but let me quickly add a fifth. This one is published in Britain by Faber and Faber, cost £3.50, title *General Amin*.

"Amin has become one of the anti-heroes of the seventies," writes David Martin the author, a journalist whom Amin threw out of Uganda. "The spirit of his once proud country has almost been broken and the economy wrecked."

This book tells how Obote lost his power and how a killing spree has taken the place of orderly government in Uganda.

"As long as Amin is a haunted man like Macbeth, there will certainly be no security in this part of Africa." The controversial Amin has become the subject of more and more speculation throughout the world. Yet he continues to flourish.

CYPRIAN EKWENSI

## The fight for freedom

AN ILL-FATED PEOPLE by Lawrence Vambe (Heinemann).

THE HISTORY of the white man in Zimbabwe — like any other record of imperialism — has never made edifying reading. Lawrence Vambe's account in *An Ill-fated People* reveals the vice, graft, cunning, lies, duplicity, treachery and betrayal behind both the British Government and the White supremacists of Rhodesia since the time of Cecil Rhodes.

This story exposes completely the hypocritical "civilising mission" of the colonial powers. Lawrence Vambe points out that the effect of colonialism in Zimbabwe was to destroy the highly organised and

wholesale culture of the Mashona and the Ndebele people.

The account is a thoroughgoing search into the psyche of both the conquered and the conquerors. He notes: "There is fear in all of us, fear that either drives us to irrational aggression or makes us merely stand in paralytic helplessness."

Himself born near Salisbury, the author mourns the extent of oppression of the black race in Rhodesia and of the stoic surrender to this oppression by some Zimbabweans. He recalls an episode when his elderly grandfather Mirzha, arrested for not paying a dog licence, was hauled off by a horse-riding member of Rhodes' police and ordered to begin a 12 mile cross country march in front of the horse to the colonial outpost where he was to be imprisoned.

*An Ill-fated People* is a deeply captivating and moving story of pride and revolution. It is written with the honest pride and unaffected bitterness of a Zimbabwean, an African well steeped in a clear appreciation of his people's history and their foundations of civilisation.

MAGALLOT

Two more recent studies of the situation in Zimbabwe which confirm Vambe's analysis are Martin Loney's *Rhodesia — white racism and imperial response* (Penguin) and *The Fight for Zimbabwe* by Kees Macey (Rex Collings).

Loney's book, with the thoroughness now typical of the Penguin African Library series, carefully traces the role of respective British governments and concludes: "The African liberation movements... have little to expect from any British government, except opposition."

He makes the point most pertinent to present discussions of the whole Southern African situation: "The fight for Zimbabwe does not exist in a vacuum. It is rather a fight against the local consequences of an international system which rates profit above people."

Kees Macey provides a detailed outline of that fight, tracing the history of the armed struggle since the declaration by Ian Smith of UDI. His updated account (first produced by the author himself) takes the conflict right up to the present and provides an essential background to the talks and developments now shaping the new Zimbabwe.

His account also includes a particularly moving appendix of some of the statements from the dock of those accused and sentenced, often to death, for their fight against the illegal Smith regime.

One such testimony echoes the spirit of them all: "Harsh sentences and the hanging of our people will not cover us. It will only make us bitter. Whatever happens to me, we shall continue to fight." That man was hanged.

## Wine, women and fun

WHAT A HUSBAND by

Mwambi Ruheni (Longmans)

MWAMBI RUHENI writes books which try to laugh at our problems and which, in the process, are highly entertaining. Those who know his other books (*Future Leaders*, *What a Life!*) will know *What a Husband* just as much.

This is a short novel telling how the hero, Dennis Kinyua, a salesman with an oil company, finds great difficulty in convincing his wife that they cannot get rich overnight — and it tells of how he gets lured by barmaids and, for instance, trapped by gem smugglers who turn out later to be lost freedom fighters once thought dead.

This is very much the world of brags, intrigues, women and the underworld, all based in and around Nairobi.

Don't expect great literary value here — but you've got a rollicking and vivid adventure tale, full of the life that is around you, spiced with a considerable dash of fantasy and frolic.

FREDERICK NDUNG'U

## Briefs

**RICH AGAINST POOR** — the reality of aid by C. R. Hensman (Penguin): essential and devastating study of how the rich get richer while keeping the poor poorer.

**ZAMBIA** — security and conflict by Jan Pettman (Julian Friedman/Davison): excellent up to date look at problems and pressures in a young African country.

**LIBYA** — the elusive revolution by Ruth First (Penguin): fascinating insights into Gaddafi and his enigmatic rule.

**IN THE EYE OF THE STORM** — Angola's People by Basil Davison (Penguin): one of Africa's foremost and most sympathetic historians tells the story of one of Africa's newest nations (revised edition).

**WAR AND SOCIETY IN AFRICA**, edited by Bethwell A. Ogot (Frank Cass): ten worthwhile academic essays on warfare in pre-colonial days, correcting many historical fallacies.

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# INTEC





Look at this picture. It was taken only a few years ago. Then Black South Africans were fenced out of all sport. But now DRUM can say that integrated sport is coming — sooner than most people think. Dr. Piet Koornhof, Minister of Sport, has gone as far as he can to flatten the fences which kept the races apart in sport. His latest concession in allowing the champions of football tournaments between clubs of the different leagues is no more than an extension of the multi-national games idea. It is not yet the answer because Blacks do not have proper training facilities. But there is no denying that mixed sport in this country is around the corner.

**A** FEW years ago South African promoter John Dube had to go to great expense to stage a boxing tournament in Lesotho between leading Black and White boxers because the tournament could not be held in South Africa.

Five years ago a match between White soccer champions Highlands Park and Black champions, Pirates, due to be played in Swaziland, had to be cancelled.

Officials of the White NFL could not get permits for Black spectators for matches at Wembley Ice Rink, Wanderers and other Johannesburg stadiums.

Only a few years ago angry football fans nearly rioted when poles were uprooted at the Natalispruit Sports Ground, because the Johannesburg City Council ruled that the South African Soccer League had Africans, Coloureds and Indians as affiliates.

This was not in accordance with government policy, they were told. Each race group was to have its own sporting body.

That was a few years ago. Things have since changed. They are still changing, and are bound to change more.

Two years ago Dr. Piet Koornhof, Sports Minister, came up with the welcome change of multinational sporting events. What can be said for these events is that Blacks

PLEASE TURN OVER

# RATION

# The big break is coming

continued

and Whites can compete together, even in contact sports without anybody's skin peeling off.

The other thing the multinational events have proved too, to put it in George Thabe, South African National Football Association boss' words, "if Black and Whites can play against each other, then it will be far easier for them to play with each other."

The multinational events have so far proved that integrated sport is inevitable. Black and White sports administrators, sportsmen and sports lovers want integration.

So DRUM forecasts that integrated sports it will be, and sooner than many think.

So much on the credit side for multinational events.

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Dr. Koornhof has now gone one further. He has announced that leading teams of the various races will be able to play each other in tournaments like the Champion of Champions for football. This, of course, is, in essence, an extension of multinational sports.

Mr. Dave Marais says the tournament will be played early next year between the Indian, African, Coloured and White league champions.

He said details of this mixed tournament were to be worked out by the top level committee representing officials of the different race groups.

Almost all administrators, sportsmen and sports lovers DRUM spoke to agree that multinational games were useful only as a stepping stone to total integration in sports.

But now multinational games have deteriorated into a farce, especially in games like golf, tennis and cricket.

None of the leading Black professional golfers have been able to get anywhere near the prizes in the multinational tournaments at proper White courses.

The tennis players have never won a set, let alone a game in the tournaments staged at Ellis Park.

At the last double wicket multinational cricket tourney Edmund Ninkinca and Edward Habane were a little out of their depth.

Why? DRUM set out to find the reasons, finding Brian Henning, president of the White PGA at the Houghton Golf Club where he was helping run the Beck's Classic for Black golfers.

Papwa Sewgolum and Ezekiel "Mr Lu" Mpharu who had tied for first place had been unable to beat par.

We asked Mr. Henning what he thought of the latest announcement by Dr. Koornhof.

"The concessions mean nothing for the Black golfer. They must get used to playing on proper courses to improve. If Dr. Koornhof would allow Blacks membership of White courses, that would be something," Mr. Henning replied.

"Playing on township courses is like trying to play golf in South West Africa. I inspected the course the city council has laid out in Soweto. It is an abortion," Mr. Henning summed up why our guys fail to shape up on proper courses, and also why the once-in-a-while multinational events will never prove a thing.

There are 20 championship standard and 30 proper courses for Whites in Johannesburg alone. There is not a single proper course for Blacks in the Transvaal.

"Until we get rid of apartheid at club level I'm afraid we'll never have a true Black



PGA president Brian Henning looks on with spectators at a Black golf tournament held at South Africa's White Houghton golf course. There are no good courses for

professional golfer," Henning ended.

"There is nothing new for rugby," was how Mr. Cuthbert Loriston president of the South African Rugby Federation dismissed the whole thing.

Mr. Rashid Varachia, acting president of the South African Cricket Board of Control could have been Mr. Loriston's echo.

"There is nothing much for cricketers in Dr. Koornhof's statement," Mr. Varachia said. "We want to play integrated cricket at club level, and we can't solve our problems until we get a firm indication from the government on the direction in which our cricket is going."

Mr. Lennox Mlonzi, secretary of the South African African Cricket Board, hailed the idea that cricket bodies of the different groups are to meet to try and find a solution.

Like many other sports administrators, Mr. Mlonzi is cock-a-hoop at the prospect of the meeting for one reason.

"We will then ask for mixed cricket," he said.

In the face of everything Mr. Norman Middleton, president of the South African Soccer Federation, does not see the Champion of Champions as a "step forward".

Mr. Middleton, who has from the start pressed for mixed soccer at club level, believes pressure because the fears being kicked out completely at the next FIFA meeting.

On the other side of the colour line, Mr. Ken Funston, chairman of Arcadia Shepherds, the White league champions, maintains that the Champion of Champions tournament should only be a transitional step towards integrated football at club level.

"As I see it, we are trying to bring different races together on the soccer field. That is what it is all about. But creating permanent soccer rivalries must eventually result in an ugly explosion," Mr. Funston predicted.

Mr. Dudley Zagnoev of the Football Association of South Africa said that he saw the Champion of Champions as a

"great breakthrough

football." "I would not regard it as be-all and end-all, but rather as a stepping stone towards an integrated football. And anybody is going to get into international football, it is into international football," Mr. Zagnoev told DRUM.

Over to George Thabe, boss of the powerful South African National Football Association. "I still maintain my view that the ultimate aim should be an integrated football. That is what everybody wants, and I will accept nothing less than this," said Mr. Thabe.

With no voice of dissent from all sportsmen, DRUM boldly predicts that we will have integrated sports. Everybody is for it, and like Zagnoev said, judging by Koornhof's past record we must not come to any other conclusion than that mixed sport is around the corner.

After all, if the Bantu Waterloo was won on the playing fields of Eton, then the problems of South Africa can be licked on our sports fields.

'Soul-people' is the latest name used to describe the young with-it folks in Nigeria. Very much under the Black American and European influence, these youngsters are looking for a speedy change in the fabric of our society, particularly in attitudes towards sex. CHUM's columnist, Segun Bucknor, one of Nigeria's most famous musicians, looks at these kids who are doing their own thing.

**S**OUL, which was used first to describe the distinctive alertness, vitality and newness of black music in America, has now come to denote a non-definable group of socially alert people.

Other terms that carry the same meaning are "with-it," "hip" and "trendy." Nigeria's soul people may be described as the individuals who are "with" the current and latest trends and fads of life, usually foreign in fashion, language, music and dance, leisure activities and general life-style.

Though there are no limitations as to age and class of such people, the young, because they are more receptive to new and foreign ideas and are therefore more adaptive to change, tend to be the soul people.

Older people who share similar sentiments and inclusions are welcomed by the



DOING their own thing. These Nigerian youngsters sway to the rhythm of the latest disc at an impromptu dance. Get it together, kids!



## THE SOUL PEOPLE ARE DOING THEIR OWN THING

Strong as the young at heart. We may then identify the soul people as the students, school-leavers, young executives on their way up. A group of people who are not restricted by age are the artists, writers and musicians who may or may not provide the medium through which these trends and fads are begun or transmitted.

"Hi, soul-brother," "Hi soul-sister." Those are their greetings; like a password, an identification slogan that guarantees entry into their subculture. If you know of the Black American origin of the term "soul-brother," don't try to read the same mad brother is it. The Nigerian soul brother is not a brother in the struggle against oppression; the greeting is not equivalent to the Black American expression of fraternity and solidarity. It is just one more borrowed word in his lexicon.

So, if you can make out his pseudo-Black American manner of speech, you are probably going to hear him ask you to loan him some bread

(money), keep punctuating his speech with regular "man" and tell you he is a bit high (a bit in the world of the unreal).

The natural habitats of Nigerian youths are now the cinema-houses, the night clubs number is growing at a fast rate. Their cinema screen heroes include Richard "Shin" Round tree, Al Pacino, Paul Newman, Jim Brown and Richard Benjamin, and they often identify with and relate to them and act as and actresses in such films as the Godfather, Colly, the Graduate, Love Story and Shaft in Africa. From the cinema-houses to the parties where they will dance the latest steps, Bump and Kung Fu, to music of such artists as Curtis Mayfield, Stevie Wonder, Marvin Gaye, the O'Jays and the Jackson Five.

In Lagos the most patronised discotheques are the Hot Spot, a favourite haunt of the plebeian youth, where Fen Ree and Ben Jay spin the discs, and the more selective and expensive

Beachcomber at Maryland for the more affluent soul people where disc jockey Segun Sombare gives the crowd what they want. The disco scene has also spread to other parts of the country, noticeably Benin, Kaduna and Kano where the Motel Benin Plaza, Hawdala Hotel and the Casino, respectively, are favourites.

Sunday jump is another ritual of the soul people. Begun some years ago by Bill Friday at the Ambassador Hotel as the tea time dance, it was revived by Fela Ransome Kuti and it has become the thing in Lagos, Port Harcourt, Aba and Calabar.

Nigerian soul people exhibit a feeling of detachment from the position of things in the world. They crave for rapid change and think they can provide the solutions to all the problems.

They easily become frustrated with the seemingly stagnant state of affairs and are impatient with the existing order. In frustration they become distrustful of the older generation. Sometimes they turn their personal frustrations

into political and social protest which, coupled with their anti-establishment disposition, makes them take unkindly to any slight suggestion of injustice and unfairness. Then they become very vocal in protest, appearing to others as radical and irresponsible.

Perhaps most significant of these new values is their attitude to sex. Sex is no longer for them a tool for procreation to be utilised only in marriage. It is no longer a means to an end; it has become an end in itself. Sex is glorified, worshipped, pursued as if to prove that the beginning and end of man's activity is sex.

This permissiveness can be attributed to a lot of factors: education, foreign influence, the new values that encourage proclivity to sexual freedom, the pill, and the increasing availability of doctors willing and ready to perform abortions.

These factors also influence the views of the soul people on marriage. The women, as a result of better education and jobs, have become more independent and do not feel it a

necessity to marry.

The youths recognise the power of the almighty naira and could even be more materialistic than their parents. The girls, with their determination to live with the kind of life glamorised in the films and magazines and out of a compulsion for an up-to-date wardrobe have come to measure love in terms of money.

The more money a man gives them, the more he loves and cares for them. They evaluate their men by what they wear, which car they drive and how rich they are. The young men in turn see the need to "get on" and despite their epicurean styles of life perceive the reality of life which they can only secure by studying hard and, thereafter, working hard to climb the ladder of success.

The Nigerian soul people play or work with a lot of soul. They are not there "doing their own thing" while "getting themselves together."

Right on, brothers and sisters!

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**P**UBERTY marks the beginning of sexual maturity. It's a time of emotional and physical change which many young people have difficulty coming to terms with. Men and women reach sexual maturity long before they are either physically or physiologically mature.

For girls, puberty heralds a much more dramatic change from childhood to adulthood because the menstrual cycle begins. This monthly loss of blood continues throughout a woman's reproductive life, except for periods of pregnancy. For the average woman it will happen about 444 times in her lifetime — if she has no children — and about a dozen fewer times for each child.

Boys don't experience anything quite so dramatic and generally reach the age of puberty a few years later than girls. The first real sign of male puberty is an increase in the size of the testicles at about the age of 12, although mature sperm are not produced until a couple of years later. The penis also grows and pubic and armpit hair develops.

At about this time boys experience a voice change which can result in hoarse speech. It's commonly referred to as the voice 'breaking' and it marks the change from a childish voice to a more manly one.

It's interesting that the average age of puberty both for boys and girls is gradually becoming younger. One hundred years ago girls were having their first menstrual periods on average at the age of 15. Today it is more likely to be 13. No one is absolutely certain why this is.

A great deal of superstition has come to be associated with the menstrual flow which is supposed to have some connection with the phases of the moon. Many primitive people still believe that at this time in a woman's monthly cycle mysterious forces are at work making the woman unclean and that any contact with her will lead to some kind of trouble.

All this is of course nonsense. In fact there is no reason to refrain from sexual intercourse providing you observe the normal rules of hygiene.

Although menstruation arrives on a definite date, other changes of female puberty are less obvious. Long before the menstrual loss the breasts begin developing between the ages of nine and eleven but they do not reach maturity until a girl is about 18.

During puberty both boys and girls grow in height quite rapidly. Boys go on growing for longer — up to the age of 25 — girls have usually stopped getting taller by the time they are 20.

# Sex and You

Part 7 of DRUM's series on adult sex education



## What happens at puberty

*What happens when a girl menstruates?*

The ovaries at birth contain anything between 20,000 to 400,000 eggs but by puberty the number has shrunk to 10,000 and of this smaller number only about 300-400 will develop, producing mature eggs.

The male testicles are equivalent to the female ovaries. They do not begin to manufacture sperm until puberty and from then onwards, throughout a man's entire life, sperm are produced in their millions.

Each month the lining of the womb prepares itself to receive a fertilised egg. When the egg doesn't arrive the lining breaks down and is discharged with varying amounts of blood. A usual discharge is reckoned to be 2-3 ounces although it can be very much more. The bleeding lasts anything from two to eight days.

As soon as the bleeding stops the lining begins to grow again in the expectation of receiving yet another fertilised egg and so the process goes on. The unfertilised egg which has been released from the ovary simply disintegrates.

How often this happens depends on a woman's own monthly cycle. It can be every 19 to 37 days although 28 days is regarded as an average interval. The more regular the

'periods' the more fertile woman is likely to be.

There is more to menstruation than the regular loss of blood. Many women have comfortable or even 7 periods, and some experience what is known as pre-menstrual tension in the few days before the bleeding begins. They take the form of headaches, tiredness, nausea, back pains, breast, depression, mood swings. Very little is known about the problems although many believe to be the result of more changes within the body.

It's not surprising that a physical change taking place in both sexes, that interest should increase. Menstruation is a feature of this stage and which need cause no concern provided it is not carried to excess.

Ignorance about what actually happens during puberty causes more harm. Many people reach puberty with little understanding of what is going to happen to their bodies. It is this ignorance which causes fear and distress particularly among young girls facing their first menstrual period and really knowing what is about.

Parents must take more blame for this state of affairs although it's worth remembering that they too may be ignorant of the real facts.

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# JACKSON GIRLS STORM LAGOS



**TWINS** Joyce and Janice Jackson show the flashing smiles which made them so popular with the Lagos boys. Come back soon, girls.



**SOUL BROTHER** sits spellbound as the fabulous Jackson Sisters go through a well-rehearsed and sexy song and dance routine.



**SOLO** from Joan earned a rapturous applause as she showed what a fine singer and dancer she is. No wonder the fans yelled for more.

**J**OYCE and Janice Jackson are black American twin sisters. With their elder sister, Joan, they are entertainers fast gaining popularity in the States.

Born into the Jackson family of New Jersey, USA, the three sisters were determined to see Africa. Their father, Mr. Michael Jackson, a city council worker, opposed their plan for an extensive tour of Africa because he was worried about their welfare. Moreover, their mother has been ill for seven years and the three girls have been looking after the home and family. But Joyce, Janet and Joan overcame their father's fears and flew off to Africa.

They visited Ghana and Nigeria and confided in DRUM: "We are Africans, originally and we want to make our home here sometime."

The dance hall at Mobolaji sports centre in Lagos was alive with applause as the three sisters exhibited their talent for song and dance. They wriggled like worms while the audience yelled with applause and shouts for more.

"The audience must always have their way, their demands must be respected," said smiling Joyce, as the Jackson Sisters gave the audience what they asked for — more. DRUM spoke to Joyce after their show.

"When we get back to New York, we will settle down and plan a bigger trip to Africa. It is the place for us, we have now found out. We are looking forward to taking part in the coming World Black and African Arts Festival in Lagos."

"Africa is a place for us," is to be the title of a new album to be waxed by the Jackson sisters, when they return to America.

"It will tell the world what Africa is, what the people do and how friendly they are," said Janice.

So far the Jackson Sisters have not made any records, but they have involved themselves in background studio work for a

number of popular American studios. Among them is the Sound Heart Productions of New Jersey.

Janice and Joyce are 28 years old. Janice has a seven-year-old daughter. She hopes to take her daughter, Reguel with her on her next visit to Africa.

"Reguel is always anxious to know about Africa. She asks me regularly to take her to Africa because she has read a little about African history at school."

Joan also has two daughters: Simone, who is ten years old and Yvonne, eight years old.

Asked about their plans for marriage, Joyce said: "We want

to establish ourselves before dabble in marriage. But we plan to get married to musicians when we do get around to meeting our men."

Joyce added: "My type of man must be understanding and sexually strong."

Janice laughed when questioned about her type of man, and said: "My type of man, em, em. My type of man must be tall and stout, because I need him as an extra blanket in the winter. In the United States we young girls lack coats during cold nights in winter. I need an extra blanket. I must be a strong, tall and intelligent gentleman."



**BELTING** out the music, Janine woos the hearts of the Lagos audience. Luckily for her fans she intends to return soon with her daughter, Requel.

## DRUM EXCLUSIVE by Joseph Mensah

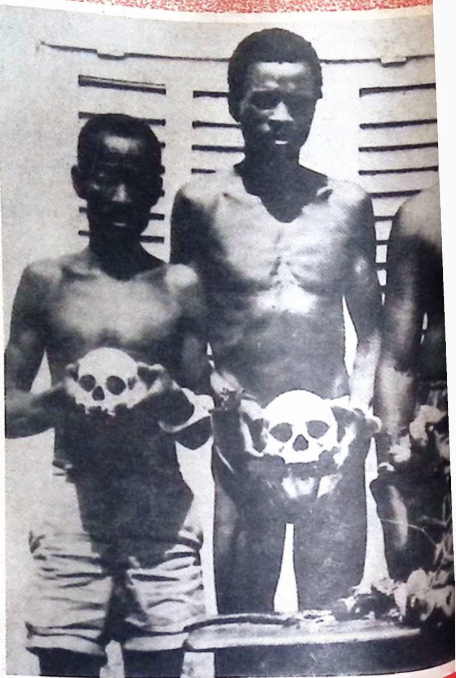
**S**OME MEN have always used devilish means in attempts to enrich themselves at the expense of their neighbours. The activities of one such group of men were recently unearthed at Afanya in the Republic of Togo.

Five men, described as "priests of Mammy water," were said to have employed "Mammy water" for the enrichment of some Togolese market mummies, though no one was able to pinpoint any market mummies who might have been enriched by the powers of the Mammy-water god or goddess, or who with the help of that medium, had been reaping huge turnovers year after year.

It seems that to be associated with Mammy water one must necessarily be a head hunter; and to be able to invoke the Mammy-water medium to a client's aid, it seems that one must be protected by what must be the most powerful of forces: human spare parts. The culprits who are the subject of this story had for some time — while their luck held — known where to go for the much needed human spare parts for the juju they believed they needed to protect them from the law.

One may point out that, until

**Digging up human skulls and shin bones for juju is a serious crime but the practice still goes on in many parts of West Africa. One instance was discovered recently in the Republic of Togo, where DRUM unearthed this story of the brothers in perfidy who, until their arrest, had lived drinking potions of decomposed human flesh.**



## GRUESOME SECRETS OF

# THE BO

some German missionary doctors set up a hospital there a few years back. Afanya was like any other ordinary town of its size in Togo; its population, if it had any, lay within its boundaries. But the doctors at the Afanya Hospital were said to be no ordinary men. Nor, perhaps, were the men whose survival in the dark world of crime had depended on juju and potions made with human skulls and shin bones.

The story has it that a hunter on his usual hunting expedition in the forests around Afanya came upon the burial grounds far outside the town proper. As he trudged stealthily through the bushes in search of game, his hunting lamp suddenly fell upon some figures in the burial place. The figures seemed to be digging. Cautiously — to

ensure that he wasn't seeing things — the hunter drew closer to the figures and found them to be human beings.

Suspicious that the men were exhuming dead bodies, the seasoned hunter recited some incantations and called out to the men in the dug-out grave not to attempt to run as he had his finger on the trigger. In spite of the warning, two members of the group made a dash for it, carrying something with them. The hunter fired a few shots in quick succession in the direction of the fleeing men. But though he missed them he was able to uproot the other two who had remained concealed in the foul-smelling grave with its grisly contents.

Being a distance from Afanya, the hunter marched the two men at gunpoint to the

chief of the nearest village. The chief in turn dutifully handed the men over to the police to tell their own story.

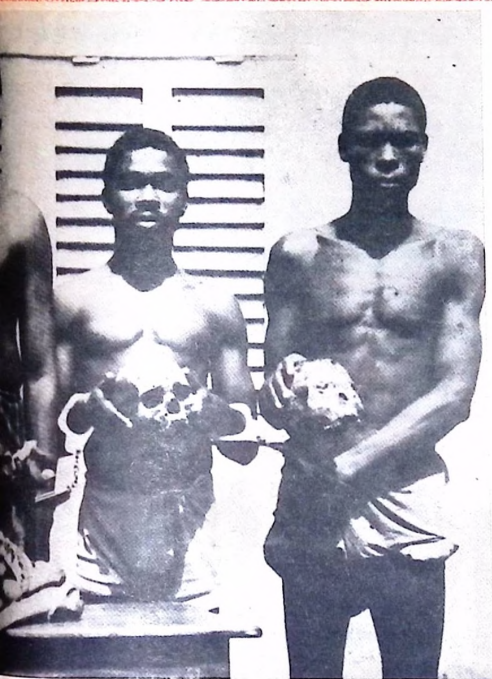
Well, policemen everywhere have their own way of going about things — particularly when it is a question of investigating heinous criminal acts such as the unauthorised digging up of dead bodies. The Togolese police are no exception. No one apart from the two men and the police knew what took place at the police station.

What was known shortly afterwards was that the two men wasted no time in spilling the beans; they admitted that they belonged to a group of five who had been digging up dead bodies for the preparation, among other things, of money-making juju and they mentioned

the name of their leader — Carl — as well as the other two who had outkipped the hunter at the burial ground. And when they led their police to the houses of their other 'brothers in perfidy' the police discovered human remains.

**C**ARL, who is reportedly the leader of the group and the chief representative of Mammy water, is a very successful land surveyor by profession. He is said to be the proud owner of a number of houses that are on rent. A very well known personality, lovable, and very popular with the market mummies, Carl is by appearance a well fed man and his respectable appearance seemed to make nonsense of any suggestion of his association with human

skull hunters. But his appearances are deceptive and there is much truth in the saying "all men are equal but some are more equal than others." Big Boss Carl is a looking old man with a white beard. His nature obviously is common than the average. Carlus was an litigant and a people's place of bargain, every body's place. Whenever anybody's place is invariably sought by his boss, Carl, he is surveying works in preparation of his (Carlus) business. Carl the surveyor get the papers...



## Five guilty men

**BIG-BOSS Carl (middle), with bowl containing protection juju of human hunch and honey, is handcuffed with his group of skull-men. Extreme left is specialist hunch-back hunter Carlos. The gentleman on the right is holding a fresh skull believed to be that of his recently buried mother.**

grsity of all their finds: a well covered beautiful bowl in which was "something," on top of which was a thick liquid that looked like engine oil. Carl, it was learnt, told the police that the bowl contained the hunch of a man and that the liquid was pure honey. This special concoction, he told the police further, they drank periodically for the protection against the ghosts of those whose bodies they had exhumed and also for protection against the law.

Carl and his men must have been blinded by the effects of their evil deeds to have believed that their filthy concoction could give them protection from

In Ghana, Nigeria, Togo and other West African countries, incredible stories are told of money-making juju-men and their wares. The stories of these wares include the periodic festering leg sores (the more the sore festers, the more cash that flows in); the money-vomiting snakes that coil up under the beds of their clients; the stabbing to death, spiritually, of one's most loved child or relation; and the nocturnal visits of the guitar music-loving Mammy-water with her pot of cash and gold bars.

But these stories are so rampant that most of the well-to-do heavy-bottomed market mummies and their flamboyant merchant friends — even those of them who have acquired their wealth out of scratchy beginnings — are looked upon with suspicion and they do not always enjoy the respect that affluence and wealth rightly (or wrongly) demands.

That is the situation, and like the ever enthralling stories of the "Flying Dutchman" or the "Abominable Snowman" or, to come nearer home, the banana-munching dwarfs that are said to abound in our forests — no one has ever been able to confirm the existence in the depths of the sea of the creature known only in stories as "Mammy water". Nor is it known for sure whether the powers of the Mammy-water do make people rich overnight.

What is known is that many unscrupulous juju-men still use the name of Mammy water to

# Y SNATCHERS

Carlos as the rightful owner of the plot/plots of land and the two would sell the plots and split the proceeds.

But Carlos's most perfidious and gruesome special field of operation was the hunting of the bones and the digging up of mangled dead bodies. The operation on such bodies was to be the hunch which the group used for this special preparation: they dissected the hunch portion from the rest of the body and then placed this fat portion in a bowl and preserved known to only Carl and his four associates were added.

It was the concoction they drank periodically in the mad belief that they would forever escape their awful trade in absolute

security.

Thus Carl and Carlos remained so much involved and attached to each other that Carl found it absolutely impossible to terminate his "friendship" with Carlos, even when he had been warned by a suspicious person (this person had always regarded Carl as a decent man) not to associate himself with Carlos. Obviously, "where the heart does not go, the foot cannot tread."

Being the boss of the group, Carl never went on the digging missions with his men. He was picked up by the police in his house at Anecho where he was enjoying a dainty dish when the police called. On turning round and seeing his confidant, Carlos, with the police, Carl said nonchalantly: "So, because of the delay in the work I am

doing for you on your plot, you have brought the police to arrest me?"

Carl did not answer.

Carl was to get up from the unfinished meal but the police stopped him. He was told to have patience and eat, having been assured that it was nothing serious.

**C**ARL, who admitted that he knew Carlos very well, took the word of the police and finished his meal with relief, never suspecting that anything serious had happened — until, after his meal, the skulls carried by his brothers in a perfidy were shown to him.

The law officers conducted a thorough search of his premises and his room and discovered what was perhaps the most

of the law. When the hunter stumbled on them, they were feverishly digging up the grave of the recently buried body of the mother of one of their number — the man on the right in the picture. A freshly dug skull, with some hair still on, was found in the man's possession and was believed to be that of his mother.

Had their juju deserted them this time? Or had the ghost of the man's mother got angry and directed the hunter to the scene of the digging?

Their bizarre story emphasises that, for many people, wealth must be acquired by any means, fair or foul. In their reckless efforts to live in swaggering gaiety and be counted among society's jet set, they contrive unwholesome means of making easy money.

dupe their less wary but equally money crazy neighbours. And it is only after the harm has been done that they realise how mean and ignorant they have been.

As is always the case, it may never be known how many graves Big Boss Carl and his boys had disturbed and how many human skulls and shin bones they had used while they remained in business. It may also never be known how many Togolese market mummies they made rich through the powers of Mammy-water or how many had fallen their victims.

But what is sure is that, even if their juju protected them from the ghosts of those whose skulls they unearthed, it failed miserably to protect them from the long arms and ever-searching eyes of the law.

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Malaria, the curse of the white man a century back, has been brought under control. So deadly is it that the disease has been responsible for the reference to West Africa as "the white man's grave". In this article, Mr. Awonola Lambo, a research parasitologist at the Malaria and Vector Control Unit, Yaba, explains the causes, symptoms and prevention of this killer.



**INNOCENT** children, unaware of the danger, play in a stagnant drain — which could be a haven for mosquitoes, carriers of the deadly malaria germ. Anything which can be done to clean up the breeding grounds of these disease-carriers should be undertaken at once, says Mr. Awonola Lambo, B.Sc. (Zoo.) M.Sc. (Medical Parasitology), above, the writer of this article.



# MALARIA: ITS CAUSES, SYMPTOMS AND PREVENTION

**M**ALARIA is a household word in every home in the tropics. Both young and old dread the attack of this disease. Experts of the world over rate malaria as the greatest killer disease, especially among children, along with other diseases like pneumonia, tetanus, and gastro-enteritis. But none presents such major public health problems to man as malaria.

Besides being the greatest killer disease, medical men agreed that malaria is the chief cause of ill health in the world, followed by tuberculosis and schistosomiasis (otherwise known as bilharziasis).

Let us have a mental picture of the magnitude of the disease by quoting some figures related to the statistics of malaria. Out of a total present estimated world population of 3.4 billion, about 2.4 billion are living in malarious areas. In Africa, nearly 200 million people live in

malarious areas.

Nigeria automatically takes the lion's share of this figure with her population of about 60 millions.

So you can see what a tremendous task faces us in fighting this disease in our homes. The only way one can fight a disease successfully in any community is by thoroughly gaining a basic knowledge of the causes of the disease and the ways of controlling or preventing its spread in that community.

Malaria or malaria fever is caused by a parasite or germ called *Plasmodium*. This is a very small and microscopic organism that invades and lives within the red blood corpuscles of an infected man. We can only see this organism with the aid of a microscope.

We owe much to a man of great genius called Antony van Leeuwenhoek, for he was the first man to use a microscope successfully to discover the tiny disease-causing germs which we

cannot see with our naked eyes. Thereafter, all the superstitious beliefs surrounding the cause of diseases were dealt a great blow. But a great many people in the tropical, rural areas still share some of this superstition. We have in our midst some who still think that malaria is caused by staying for too long under the sun; others believe that it is due to excessive consumption of palm oil.

In the olden days too, many people in the Western Hemisphere believed that malaria was caused by inhaling bad air from the marshes. Hence the name 'malaria' was derived from two words 'mal' (meaning 'bad') and 'aria' (meaning 'air'). It was then noticed that the disease was rampant among people living in marshy areas.

Many years later, medical scientists successfully discovered that a kind of mosquito, called *Anopheles*, was involved in

carrying the causative agent of malaria disease from an infected person to a susceptible healthy person, who later develops the disease. The anopheline mosquitoes breed in abundance in marshes, ponds, pools, and any stagnant water. Only the female anopheline mosquitoes are responsible for spreading malaria from one person to the other and it is only by accident that the mosquito becomes involved, because the female mosquito needs human blood for its egg laying process.

So, in an attempt to suck human blood for its meal, a mosquito picks up a stage of malaria parasite when it feeds on a man suffering from malaria. The germ eventually develops into different stages in the gut wall of the mosquito. Finally, some of the offspring develop into a stage much suited for living in the salivary glands of the mosquito. These are called the sporozoites.

Mosquitoes containing this stage of malaria parasite are said to be infective. This means that when this mosquito bites a susceptible healthy person, the sporozoites are injected into his blood stream and he would eventually develop malaria.

We can now assess the damage done by malaria to our body systems and organs. Prominent among these is its incessant destruction of the red blood corpuscles of the infected man. The parasites enter, live within, and feed on the contents of the red blood corpuscles. It later grows to a large size, resulting into a dividing stage, which eventually bursts the red corpuscles cell wall.

Some of the offspring released into the blood plasma (the fluid portion of the blood) re-invade fresh red blood corpuscles and thus, there are instances of cases where between 80 to 90 per cent

**PLEASE TURN OVER**

## MALARIA

Prevention  
is better  
than cure

continued  
of the blood red corpuscles can  
be invaded.

This is common in an attack  
due to a brand of malaria parasite  
called *falciparum*, the causative  
agent of malignant tertian  
malaria. It is the commonest and  
deadliest of all the four human  
malaria parasites. The others  
'vivax' or benign tertian malaria;  
'malariae' or quartan malaria;  
and 'ovale' or quotidian malaria.

The brain is such a delicate  
organ, and cannot survive  
oxygen depletion or deprivation  
for a minute. Hence, in children  
with malaria attack, convulsion  
and coma are of common  
occurrence. The adult sufferers of  
the disease are noted for  
developing hallucinations, rest-  
lessness, and insomnia. Most  
diseases are localised, affecting  
one particular organ of the body,  
but malaria affects all the organs.  
It is a generalised infection and

thus many symptoms often  
accompany an attack.

These include vomiting, loss of  
appetite, jaundice, general  
debility of the body, high body  
temperature accompanied with  
rigor and sweating, pain at joints  
and anaemia. In the endemic  
malarious areas (that is, where  
malaria is present all the time),  
most children in the age group 2  
9 years always have an enlarged  
spleen.

We should now examine the  
steps which should be taken to  
deal with an attack of malaria  
and also to control its spread in  
our community. This parasite  
lives and grows within the red  
blood corpuscles, which it  
eventually destroys and it is at  
this stage in the blood which can  
be attacked by taking drugs.

A drug which protects us from  
contracting malaria is the famous  
Sunday-Sunday medicine called  
Daraprim. Children and pregnant  
women should rely on this drug  
more than anybody else. For  
children below the age of three  
years, these drugs are prepared in  
liquid forms (syrups or dixer).

Drugs used in the treatment of  
malaria are of two kinds: the  
chemotherapeutic anti malaria  
drugs (that is, those used for  
curing malaria, e.g. Nivaquine,  
Resorcin, Camoquine), and the



THE OLD DAYS — Mother and child smear themselves  
with white paste in the hope that it will frighten away the  
spirits of fever. But modern science has proved that  
medicine and education are the only ways of fighting the  
killer.

chemoprophylactic anti-malarial  
drugs (those used for preventing  
malaria, such as Daraprim,  
proquanil, etc.)

## Six ways to escape

We are all familiar with this  
adage which says: "Prevention  
is better than cure". So here are  
six ways of escaping the disease.

- (1) By sleeping under  
mosquito net.
- (2) By installing screens in  
beds and sleeping quarters.
- (3) By applying insect repellent  
on the exposed parts of the  
body or impregnating  
clothing with these repellents.
- (4) By avoiding stagnant water  
near our dwellings (this  
includes pools, ponds, and  
broken bottles or pots of  
collected water).
- (5) Regular use of suppressive  
drugs such as Daraprim.
- (6) All acute and chronic malaria  
should be adequately treated  
for a healthy carrier of the  
malaria germs is a great  
danger to the community.

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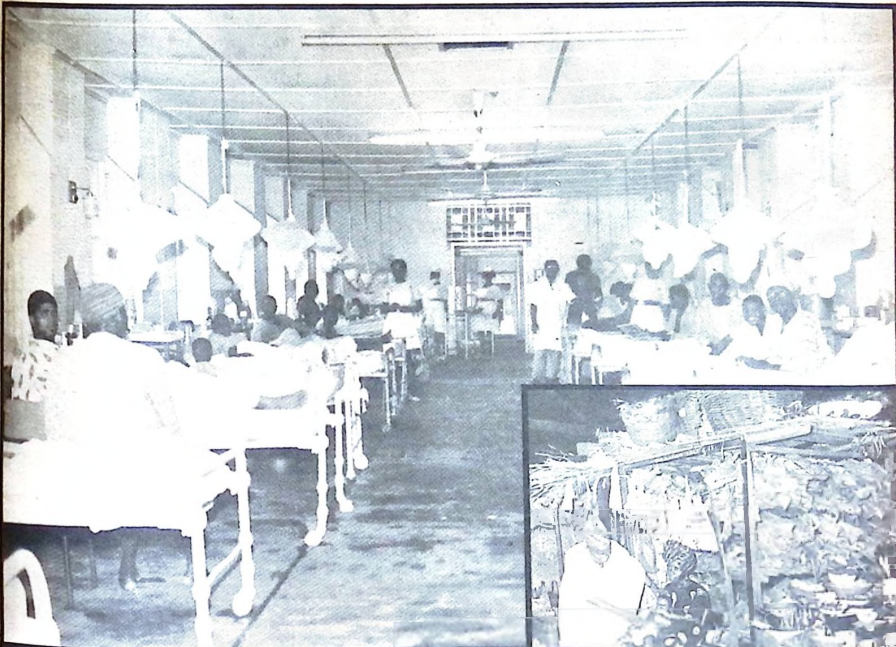
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dead! Shelltox are winning  
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and women rally to the flag!

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# JAUNDICE/HEPATITIS

Whatever the ailment, the hospital (above) is the safest place to carry a sick person and not the herbalist's stall (inset). Doctors and hospital staff ensure prompt, medical attention. Rest and supportive therapy in a hospital are the best treatment for jaundice and hepatitis.

**J**AUNDICE is the yellow colouration of the sclera, mucous membranes and skin by a product of breakdown of haemoglobin — bilirubin. When the increase in serum bilirubin is slight, we have latent jaundice which can only be discovered by laboratory analysis of the blood, but when the increase is greater the colouration is visible and we have clinical Jaundice. The disease can be divided into 3 main groups:

- 1. Obstructive Jaundice.** Independent of its location intra or extrahepatic, there is always a hindrance to the flow of bile and the subsequent reabsorption into the blood stream of bilirubin — glucuronid. In the extrahepatic type the obstruction is in the bile ducts whereas in the intrahepatic type the troubles lie within the liver. The commonest causes of extrahepatic jaundice are gall-stones in the common bile duct and new growth of the head of the pancreas. Intrahepatic jaundice occurs sometimes after using some drugs.
- 2. Haemolytic Jaundice.** Here there is excessive destruction of red blood cells which lead to increased formation of bilirubin. Such diseases in which there is some inborn abnormality

of the red blood cells like in Thalassemia sickle cell disease, congenital spherocytosis lead to increased rate of destruction of the red blood cells.

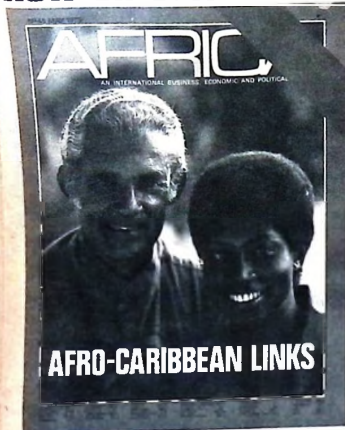
- 3. Hepatocellular Jaundice.** This is usually due to damage to liver cells by toxic or infective agents. The damage done to the liver cells leads to the diffusion into the blood of bilirubin. Such jaundice is met with in diseases like infective hepatitis, yellow fever and leptospirosis. There are 2 types of Hepatitis.

- 1. Infective Hepatitis:** This is caused by a virus which gains entrance to the body through the mouth. It can be spread by human faeces. Through contact with carriers one can easily contract the disease. The incubation period is 15-35

days. The disease attacks the liver, hence its name — hepatitis (hepar means liver). In typical cases the framework of the liver is not involved and little damage is done to liver architecture. After some weeks in a majority of cases the infection subsides, the liver enlargement becomes almost normal.

- 2. Serum Hepatitis.** The virus is contacted mainly through the use of non-sterile needles and syringes and through transfusion of blood. The virus exists in the blood of certain people without presenting the disease. The incubation period is as long as 6 months. The symptoms are not different from those of infective hepatitis. They both don't have specific treatment. Rest and supportive therapy is very necessary.

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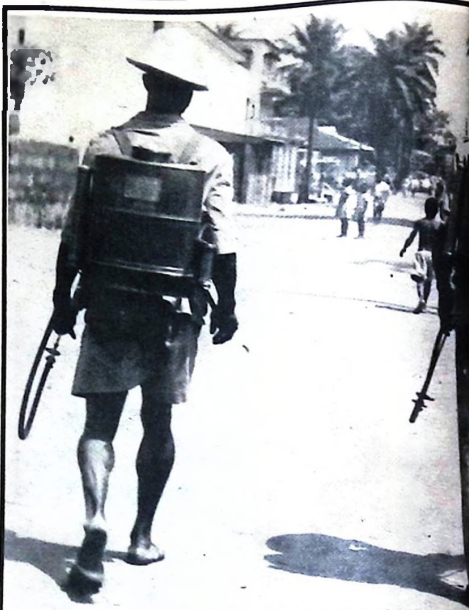
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**CONTROLLING**

**M**ALARIA control is the responsibility of every Ministry of Health (Federal as well as at State levels), who take measures under two separate programmes. These are the Malaria Control Programme and the Malaria Eradication Programme. We have to define each of these programmes in order to gain a thorough knowledge of what they stand for.

The Malaria Control Programme includes any organised and documented measures taken to reduce the level of transmission of malaria in any community with malaria endemicity, that is, all year round malaria complaint. The Malaria Eradication Programme is an organised attempt to prevent the transmission of malaria in the community.

Malaria eradication is a really difficult and expensive

task. A former Federal Minister of Health was once asked in our dissolved House of Representatives to state the estimated cost of eradicating malaria in this country. He put the estimates at a conservative figure of not less than N160 million. It would certainly cost more than this today. Besides this, we lack the necessary basic health infrastructures (dispensaries, clinics, health centres in the rural areas, and adequate medical and para-medical personnel) required for conducting such a gigantic programme.

In view of this, coupled with the bitter experience of insecticide resistance by mosquitoes and other insects, the malaria eradication programme has been abandoned. This is a dangerous situation. So, the World Health Organisation, the supreme body charged with

the responsibility of tasks after the health of the world, advised all the governments countries with malaria to concentrate on the Malaria Control Programme and shelved the idea of eradication.

So, the emphasis now Nigeria and other malaria countries in the tropics control.

In Nigeria, it is organised three levels (Federal, State and local government levels). Each state has its own malaria control unit (one or two people have yet to set up their unit). Many of our big cities and towns have malaria control at local council level. Lagos is an example of this where the Health Department of Lagos City Council is responsible for the control of malaria and its mosquitoes within the municipalities.

Control measures have directed mainly against



LAGOS Town Council is doing everything possible to minimise attacks of malaria. Stagnant drains, pools and water in empty tins and broken pots are sprayed with insecticide by health officials.

## MALARIA

mosquito vector (the dreaded female anopheline mosquito, including the culicines which are also the vector of the malarial causative agents). The weapons used are the insecticides mainly D.D.T. used in Free-Town emulsion-sprayer and diesel oil. Mosquitoes are sprayed with the insecticides. But in massive vector operation, the breeding places of the mosquito larvae are treated with the insecticides and diesel oil or other specialised oils noted for their ability to spread in a very thin layer over a body of water. These oils suffocate the larvae and thus the density of mosquito in the community is greatly reduced. With the reduction in the density of mosquito population, the chance of spreading malaria is also automatically reduced. In this operation, our co-operation is essential. This entails ensuring that

we do not create unnecessary borrow pits near our dwelling places, or throw rubbish into the gutters, which is a common occurrence in our big cities and towns. We should fully co-operate with the spraymen and the mosquitoes when they come round to discharge their duties by pointing out suspected breeding places of mosquito larvae.

In this lies the surest way of freeing ourselves from the menace of malaria and the attendant ill-health and death which often accompany its attack. Let us hold dear to our heart the saying that "Health is wealth"; and health is also paramount, for it is the basis of the prosperity of a nation. Since malaria is the chief cause of ill health in our community, we should regard it with its mosquito vector as our Public Enemy Number One.

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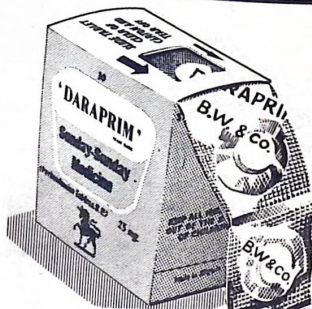


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By using mosquito nets, you can protect your baby from the bite of mosquitoes and safeguard your baby against malaria, as shown in our picture of little Yewande Aina, who is six months old and rests peacefully in her cot before going to sleep.



## DARAPRIM the malaria fighter

So protect your family against malaria by taking Daraprim regularly once a week.

Sunday the traditional day of rest when we soothe our tired minds and bodies to prepare ourselves for the long hard week ahead. And so your Sunday should also be DARAPRIM day — so vital for the protection of your body against malaria for the coming week. DARAPRIM — the most effective anti-malarial preparation . . . comes in handy tablets for adults or convenient liquid form for children.

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DARAPRIM — the original SUNDAY — SUNDAY medicine against malaria.



Wellcome

# YELLOW FEVER

**Y**ELLOW fever is no longer as serious as it used to be, thanks to the great upsurge in medical science in the second quarter of the 20th century.

In West Africa epidemics have been reported in Accra (1937), at Meladi in Zaire and Boma (1927 — 1928), at Benji in the Gambia in 1935, in Nigeria in 1938 and 1946 and another epidemic was recorded in the Northern Province in 1971. The most serious epidemic in Africa was recorded in May 1940 in the Nuba Mountains of the Sudan.

There are different types of yellow fever:

(1) The rural or urban type which is a domestic human disease with infection depending on man and the insect vector *Aedes Aegypti*.

(2) Jungle yellow fever involving man and animals.

Infection of yellow fever may be very mild, moderate, moderately severe and malignant. In mild cases the symptoms are headaches which last from a few hours to a day or two. The incubation period is 3 to 6 days though it may be as long as 10-13 days.

There are three stages: the initial fever, the period of calm and the period of reaction in severe cases. The initial fever is usually sudden in onset and lasts 3-4 days. There are daily fluctuations of temperature of seldom more than half to one degree F.

After the initial rigor, severe

headache sets in. The pulse is concentrated in the forehead and in the eyeballs. Loss of consciousness is another important symptom as are aches in legs and arms.

The face is flushed and swollen. The pulse rate is slow and there is a considerable temperature.

The skin is dry throughout and by the third day the patient assumes a yellowish tinge. In mild cases the period of convalescence is shorter than which sets in after the subsidence of the initial fever. In severe cases the patient may last for several days before convalescence. In other cases the secondary fever takes place in a crisis of sweating and prolonged convalescence. Relapses are unknown, but attack produces permanent immunity.

The treatment is nursing rather than of drugs. Patients are restricted to bed. A purgative may be administered at the outset of the disease. Luminal can be used to induce sleep and to relieve headache and pain. Glucose is used in treating hepatic complications. High protein diet is recommended to protect liver damage.

A period of six days of convalescence is now accepted by the national sanitary authorities as necessary after infection. All water tanks, garden cisterns must be disinfected against *Aedes Aegypti*. Metallic gauze, roof paper should be abolished. In a special attention must be given to the control of mosquito breeding on local dews.

IF YOU READ OTHER  
PEOPLE'S PROBLEMS  
THEY MAY HELP YOU

## Doctor Drum

### When your child's nose bleeds

**N**OSE bleeds, especially in children, are terrifying to mothers. The sight of flowing blood is always alarming. Quite often, though, the cause is simple and usually this bleeding stops by itself.

There are a few measures which need to be taken and occasionally a visit to the hospital is necessary. In a few cases, however, nose bleeds may be a sign of disease so it is always best to have them investigated.

The majority of nose bleeds occur from a part of the nose known as Little's Area. This is situated in the lower and front part of the septum, which is the part that separates the two nostrils. The most frequent source of nose bleeding is from congestion in this area and a tear in the vessels.

This is aggravated by picking the nose and blowing it violently. There are many other causes of bleeding from the nose, but all these combined form a small proportion compared to the cause mentioned above.

A pellet of a pea pushed up the nose and forgotten, makes its presence known by a nose bleed. In elderly people blood pressure relieves itself by blood letting through the nose. Occasionally, a growth in the nose may first make itself known by a few drops of blood trickling down.

Diphtheria, which used to be a dreaded cause of nose bleeding, is getting infrequent because nowadays children are being inoculated against diphtheria and thus the disease is prevented. Final

ly, injuries of the nose and head can cause bleeding from the nose. The nose bleeds in this case either because the bone of the nose is broken or, worse still, because the floor of the roof of the skull is fractured and blood is coming through this break into the nose.

Coming to the treatment of ordinary nose bleeds, the old first aid advice still stands. Prop the patient well up with the head inclined forwards so as to minimise the amount of blood swallowed. Put a pad of clean cotton wool for him to dribble into. It is common treatment to put ice on the back of the head. This, medically, does not help much, but it does help indirectly by distracting his attention from the bleeding.

If these simple measures do not help, the child must be taken to the nearest hospital or to a doctor. Treatment here would be packing the nose with drug-soaked cotton wool. The cotton wool exerts pressure and blocks the bleeding. The drug usually shrinks the blood vessel and this reduces the flow of blood and helps it to clot.

If, and a little bit of cocaine applied on the septum of the nose and dithering the bleeding is necessary. Nose bleeding in cases of high blood pressure is nature's way of bringing the pressure down. Therefore certain drugs to keep the blood pressure down will be necessary. Mote investigation will be required in the case of growths, injuries and foreign bodies that cause bleeding from the nose and appropriate treatment is necessary.

*It is medically proved that some of us dream every night but only some of us remember our dreams every day. It should not be a matter of concern.*

#### Violent fits

I have a son who suffers from violent fits. He is 12 years and the fits started when he was two. I will appreciate your advice.  
**Mr. Odhiambo, Nairobi.**

It sounds as if your son has got epilepsy. There are drugs to control this disease. There is a special epilepsy clinic at one of the hospitals in Nairobi and I think suggest you take your son there for investigations and treatment.

#### Sweaty body

I am 22 and find that my life is very miserable because of my body sweating. What kinds of

medicines can cure me?

**J. D. C., Lusaka.**

This is a difficult question because one will have to find a cause of your body sweating and give appropriate treatment. It may be due to nervousness or over-activity of the thyroid gland, but there are other causes and a proper analysis is essential. There are some cases where no cause is found and here an operation can stop upper and lower extremities sweating

#### No breasts

I have a very big problem. I am a 14-year-old girl and do not seem to have any breasts at all. I am very embarrassed. Please help.  
**M. S., Kano.**

At 14 your breasts have just started to develop. It will be another four years before full development takes place. So please do not worry.

#### Ulcer problem

I have been suffering from what my doctor described as duodenal ulcer for the past two years. All medical treatments have been of no avail. Is this ulcer going to affect my reproductive power? And which is the best remedy for this ulcer — surgical or medical?  
**Mlambo, Nairobi, Nsukka.**

Drugs alone will not cure your ulcer. You must also watch your diet which is equally important. I am sure the doctor advised you against taking alcohol, cigarettes and spicy foods which you probably ignored. Even if you obey all the instructions to the latter and take your drugs regularly, complete cure cannot be expected in less than six months. So you must exercise patience. Surgical treatment is the last resort and is only attempted if there is perforation or serious stenosis which causes blockage. I am not aware of any effect of ulcers on the reproductive system.

#### I'm too short

I am a man of 21 and I am only 5 ft. tall, and weigh less than eight stones. Please, doctor, is there anything to use, so as to increase my height?  
**Jimmy, Lagos.**

At 21 years, you may not gain much more. Try to live with your height. Little men often perform wonders in the world.

#### What's wrong?

I am a girl of 16 and I have to pass urine very often. What is wrong with me?  
**I. S., Zambia.**  
There are two possibilities. You can have urinary infection and this can be checked up by urine examination in a laboratory. The other possibility is nervousness.

#### Bed wetting

I am a boy of 18. I used to pass urine in bed at night without my knowledge of it. I tried some pills some time ago but it never cured my problem. How would you help doctor?  
**Worried, Lagos.**

Bed-wetting (enuresis) at your age is certainly abnormal. I suggest you see a doctor for treatment.

#### Can't have babies

Aged 20, I am a woman with two children. I am told that my uterus has gone in a wrong position and because of this I cannot be pregnant and I am getting backache. Please explain to me why I have got my uterus in the wrong position and how it can be righted?  
**Jana, Nairobi.**

You are suffering from what is medically known as retroverted uterus. This sometimes does happen after pregnancy. This malposition of the uterus does in fact give backache and makes pregnancy rather difficult. It

can be put right with the use of the pessary which can be fitted by a women's specialist or can be permanently cured by an operation.

#### Buzzing ears

What is wrong with my right ear? It seems to produce a buzzing sound. I have no hearing difficulty or discharge. How can I overcome this horrible buzzing?  
**Miss Amy, Nigeria.**

It sounds that as if your ear has got a lot of wax in it. A good syringing will cure you.

#### Big nose

I have read that boxers can have bones from their noses removed by operation. My nose is very long and curved and looks very ugly. Let me know where I can find a doctor in Africa to correct the shape of my nose?  
**Miss M., Kenya.**

Yes. There is a plastic surgical unit at the Kenyatta National Hospital in Nairobi where this can be done.

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### YOUR QUESTIONS ANSWERED

#### Scary dreams

I am a 34-year-old man. I get dreams every night. Some of these dreams are frightening. To dream once or twice a week seems all right but I dream every night. Is this a sign of ill-health?  
**Placid, Doctor, help me to stop this disease.**  
**Tete, Anzaha.**

We do not seem really to understand the mechanics or interpretation of dreams. It seems that dreams are a proof that our brain is working so some matter even when we are asleep.



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## Pain: nature's alarm system

IT IS A strange fact that pain, which most of us would rather do without, is essential to our health and welfare. Pain is one of our earliest teachers in the school of life: it makes the toddler draw away in double-quick time from a naked flame and tells playful youngsters when their games are becoming dangerously rough. And it's often the first sign of illness, sometimes providing an invaluable indication of the source of the trouble.

If a child could not feel the sensation of pain, he would be a very vulnerable child indeed. A child who did not feel pain would injure himself frequently — and often severely — simply because his body couldn't tell him what hurt it. And for such a child there would be no warning pain when he was ill, so his mother might wait for other symptoms to develop before she realised that he was ill. And in certain cases, where prompt medical attention is essential — as in acute appendicitis, for instance — a delay in treatment could lead to serious complications.

But, although it provides an excellent "alarm system", pain can be very distressing and we are fortunate in having "pain-killing" drugs or analgesics to relieve it. These drugs must not be used too freely and there are

**IF this child did not cry in pain, how would you be able to know something was wrong?**

cases where they shouldn't be given unless a doctor prescribes them.

In abdominal pain, for instance, there is the danger of

"masking" the symptom, thereby making diagnosis more difficult.

It is in treating the common aches and pains of childhood that a reliable analgesic such as Junior Disprin can be most helpful, providing the necessary relief from the occasional headache, toothache or so-called "growing pains."

Discovering the exact location of the pain and its intensity is not always easy, even adults often find it a difficult symptom to describe accurately. Very often there is more to be learned from associated signs than from the child himself.

For instance, if a pain doesn't interfere with a child's play, sleep or appetite, then it's unlikely to be severe. And, of course, an observant mother will notice other symptoms, such as vomiting or diarrhoea, which may be a clue to the cause of the trouble. It is worth remembering that pain can be the result of worries and anxieties about school or home.

In that case, an understand-

ing chat can work wonders — putting the problem into perspective for the child as well as relieving the pain. Suggestion can play its role too in producing pain or illness. If, for instance, a child overhears his mother telling someone that he's always car sick, he may feel he's expected to live up to his reputation! But that doesn't make his distress any less real.

Most children experience "tummy pain" from time to time and it generally passes away after a short while. However, if a symptom which mustn't be taken too lightly because there are so many possible causes.

The first that springs to mind is appendicitis, which should be regarded as a possibility if the pain is continuous, lasts for more than an hour and is accompanied by a slight rise in temperature. The pain may be situated anywhere in the abdomen but usually settles in the region of the appendix — low down on the right side. Constipation is nearly always present but vomiting is unusual.

except perhaps once at onset of the attack.

So what do you do if you suspect appendicitis? Call a doctor and do NOT give your patient any pain-relieving or laxatives.

Another less well known condition which needs medical attention is children's tussusception. It results from the "telescoping" of one of the intestine into another. It is fortunately very common in children over two but should be suspected if an abdominal pain with vomiting persists, or if an attack of pain or if an attack of hours. Blood may be passed in the stool but this isn't usually an early symptom.

Only very occasionally headaches in children result from underlying disease, the more likely to be caused by worry, lack of fresh air or hunger. Of course head pain may occur in any feverish condition also and in these cases analgesic will relieve pain and reduce the temperature.

Recurrent headaches are prevented by vomiting, abdominal pain or fever may be of migraine. A thorough check is called for and it's best to avoid the stresses and so that bring on an acute preventative measure like a soluble aspirin preparation will relieve the pain. Disprin may be given at hourly intervals if necessary.

Regular dental visits, oral hygiene and healthy habits are the best way to avoid toothaches. If they occur in spite of efforts, arrange for the child to see a dentist without delay. The pain is severe, a medical adviser will provide relief.

Medical advice always be sought when there has earache, because often caused by inflammation of the "middle ear". When the case, the doctor prescribe suitable treatment immediately to reduce the risk of complications.

Pain may also be due to a boil or even a foreign body in the ear. So expert medical attention must be sought. Again, an analgesic can help in reducing the distress. It's best not to put anything in the ear unless the doctor advises it.

A final word of advice: mother of a child in pain of any sick child is matter: when in doubt hesitate to call the doctor, assuring that your child medical care is the best way to bring him his happy, bouncing again!



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# El Mohr

SAGITTARIUS  
NOVEMBER 22—  
DECEMBER 21

A lucky windfall to start the month well; domestic family ups and downs laid out all turns out well in the end. Beware of getting too deeply involved in a court flirtation.

CAPRICORN  
DECEMBER 22—  
JANUARY 20

A senior and relative will be up and plans and arrangements directly affect you. Possibly you'll be seeing them for the first time in many months work. The senior promotion transfer of a senior colleague will open up new possibilities and opportunities for you.

AQUARIUS  
JANUARY 21—  
FEBRUARY 19

A satisfying week but much is achieved, essential jobs are completed. Stimulating week but controversial views are work. A sharp disagreement and fierce discussions may ensue. If you have brothers or a shock or surprise may one of them at month-end.

PISCES  
FEBRUARY 20—  
MARCH 20

An invitation to visit or relatives certain materialise. Evenings are lucky for handling matters but a danger you'll "done down" if you're rash. Whether married or single your "in-laws" will of your business plans and arrangements in an unexpected way.

ARIES  
MARCH 21—  
APRIL 20

Good prospect of business proposition if you early in the month develop along profitable successful lines in the. Relatives much more likely help and encourage your friends. If seeking romance get into contact with overseas visitors.

TAURUS  
APRIL 21—  
MAY 20

A most amusing socially. There are gifts and pilgrimages, invitations to forward to. An excellent time for polishing up your "image" for change of style or make-up for new clothes.

GEMINI  
MAY 21—  
JUNE 20

Throughout late June and July you'll hit it off exceptionally well with the opposite sex. What have so far been platonic or formal relationships are going quickly to become much more intimate.

CANCER  
JUNE 21—  
JULY 22

An investment made roughly a year ago should now pay off very handsomely. Push your luck when handling money at the start of the month. Persistence counts. A refusal mid-month in the morning hours can be turned into acceptance by evening!

LEO  
JULY 23—  
AUGUST 22

A uniquely happy event in the life of a close friend will create a warm and happy atmosphere. Some of their good luck may brush off to you. Gifts in kind are a distinct possibility. Have confidence in youth.

VIRGO  
AUGUST 23—  
SEPT 22

Take care of your health over the next six months. You've a tiring period ahead and there's possibility of minor physical discomforts, of your developing a trivial infection or ailment. If you've been putting off a visit to doctor or dentist, book an appointment quickly! Love indications good.

LIBRA  
SEPT 23—  
OCTOBER 22

Changes are indicated but these are forced upon you rather than made as a matter of choice. Don't be surprised if associates break promises, alter their minds, if plans and arrangements you have been working on fall through.

SCORPIO  
OCTOBER 23—  
NOVEMBER 21

If you've been getting increasingly dissatisfied with a business/financial partnership, this is a good time for looking around and finding a replacement. Don't be afraid to broach the issue with important or wealthy acquaintances in mid-month.

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**G**emini II. May 21st. To June 21st.

Gemini, an air sign and the third sign of the Zodiac has the symbol of the twins and is ruled by the speedy planet Mercury. Its metal is brass, sign of course quick silver and it naturally follows that the colours liked by this sign are many and various.

The lucky stone for this sign is the mystical *gald* which brings health and long life to its wearer. Some is a form of quartz and the most agreeable with its workings resembling trees and ferns is a lucky stone for gardeners.

The Gemini has a dual personality, derived from their sign of the twins. Their nervous energy is often in the head and, empty eyes, lively manners and sparkling talk, bright hands, their nose, as one up and down, they, their conversation, has from child to adult, extraordinary fluency and facility from the world around which is in sooner taken than it is returned with a joyful gemination translation to all who happen to be in their vicinity. The gemination burbles itself off, pours from them in an amusing original stream. Lack of continuity and balance are their main faults, but these are easily forgiven for they are charming, colourful people.



In love the Gemini is freedom loving, inclined to be evasive and something of a mystery. Love troubles him so much that he will stand for long separations often many times and are always a challenge to their partners.

While passing the Gemini are to be found in the two signs of Aquarius and Libra, also the water signs of Scorpio and Cancer.

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**Saying OF THE wise.**

A man is as great as the people he keeps around him.  
*H. James, London*

Every day belongs to the farm thief but one day or certainly go to the farm owner.  
*A. A. Akinjobi, Oyo*

A guilty man sweats even in an air-conditioned room.  
*Sam Likita, Kaduna*

A man's good name is better than any riches.  
*Alfred Hooper, Kano*

To know how your wife will look when she grows old, take a look at your mother-in-law.  
*C. I. K. Hoque, Niger*

It is a double punishment to beat a child and tell her not to cry.  
*A. A. Ugwuozue, Enugu*

A tranquil mind gives life to the flesh but passion makes the bones rot.  
*Geoffrey Okunwoye, Enugu*

The guest who turns up late at night sleeps on an empty stomach.  
*M. M. Musa, Kaduna*

When two bulls fight, it is the grass that suffers.  
*Edward Mucha, Lagos*

The mould of a man's life is in his own hands.  
*Joe Nabulikason, Kano*

Brigands demand your money or your life. Workers require both.  
*Zachary Kaminu, Lagos*

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PEN PALS



**W. J. Smith**, 19, 1001 10th St., York, Pa. 17404, wants pen pals from all over the world. Interests: photography, sports. Writing Apr. 20.

**Elton Apollo**, 19, Box 100, No. 100, Ocala, Fla., wants pen pals from all over the world. Interests: photography, sports. Writing Apr. 20.

**Dana E. Osh**, 18, A.B.C. Cultural, Nigeria, wants pen pals from all over the world. Interests: philosophy. Age 25.

**Benson Mwesi**, 20, 2001, Thika, Technical School, P.O. Box 91, Thika, Kenya, wants pen pals all over the world. Interests: film, music, photos. Age 18.



**Paula**, 13, 1001 10th St., York, Pa. 17404, wants pen pals from all over the world. Age 13.

**Paula**, 13, 1001 10th St., York, Pa. 17404, wants pen pals from all over the world. Age 13.

**Miss Esther**, 18, Mission Ave., c/o Mustang P.O. Box 74064, Nairobi, Kenya, wants pen pals from all over the world. Interests: writing, reading, photography. Writing Apr. 18.

**Doris Chucky Njoro**, 16, 10334, Nairobi, Kenya, wants pen pals from all over the world. Interests: reading, music, chess. Age 18.



**El-Mohammed El-Nadi**, 18, P.O. Box 100, No. 100, Ocala, Fla., wants pen pals from all over the world. Interests: general. Age 25.

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# Dear Dolly

continued

## Husband changes his women like his clothes

I am 21 and my husband is 36. I am so blessed by nature that you would take me for 15. The changes in my husband changes women as he marries his clothes. He even brings them into the matrimonial home to spend the night with him. When this happens, I sleep on the floor. I have talked to him, but all he does is to accuse me of jealousy. He has six children but I am afraid to have children for him because he will drive me away once I become a mother. I am faithful to him and I think he loves me because he is generous to me. I now want to leave him and marry another man. Please advise me Dolly, Julie, Akure, Nigeria.

I wonder why you are enduring this treatment since you don't want to have children for your husband. You are very selfish and your decision better think twice or you will be the loser in the end. You should decide now whether to continue to endure the ill-treatment or marry another man. You are getting older every day and not younger. At 21 you should know what you want.

## Do you think I should claim my twins?

I am 22 and she is 19. I made her pregnant but because I had not started work then we agreed to abort the pregnancy. We tried all sorts of drugs but to no avail. Then I advised her to leave it. Un-

fortunately my father took seriously ill and I was sent for. Before I returned my girl had been forced by her parents to marry another man. She has given birth to twin girls. She wrote to inform me that her husband sent her away because she delivered so soon after their marriage so I should come and collect my children. Do you advise that I claim the children?  
Franklin, Acera.

**Of course yes. There is no doubt the children are yours. I must admit that it was stupid of the girl not to have informed her parents of her condition before she got involved with another man.**

## Friends told me she went with other boys

I am 17 while my girl is 16. We are both students. My friends advised me to leave her but I did not. Later they came to inform me that they caught her making love with some boys. I went to her house and insulted her. I told her that I did not want her any more. Now I find that I am still very much in love with her. I went to her but she told me that she was no more interested in me. Please advise me.  
Gab, Nsukka.

**I served you right. You have allowed your mischievous friends to have their way and now you are regretting it. Let this be a lesson to you in future.**

## Meaningless life if I lose her

I love my girlfriend very much. Everything about her is perfect and my life will be meaningless if I lose her. Due to the nature of my job I am only able to visit her during the night. Now her mother has started to complain that I stay too long with her daughter. I explained things to her and I have adjusted my time. My girl is now accusing me of having another girlfriend simply because I do not

spend as much time as I used to spend with her. Please advise me.  
El Shehu, Katsina.

**I advise you to obey your girl's mother. Also your girl is still under her mother's control. Be reasonable and responsible mother would encourage boys to visit her daughter as well.**

## My prostitute girl has left me

I am 26. I fell in love with a prostitute who promised to change and lead a clean life. Unfortunately she became pregnant. The pregnancy was 4 months old when I was involved in an accident and got admitted into a hospital. She terminated the pregnancy and she is now in love with another man.

**Emmanuel, Maiduguri.  
When will you meet who try to make prostitute into a prostitute any day no matter of a man in her life does to make her change.**

## My boyfriend made a girl pregnant

I am a 19-year-old class five student and my boyfriend is a university graduate aged 23. We have been in love for the past five years and we have planned to get married after the completion of our respective courses. My boyfriend has just got pregnant a girl. When I confronted him he told me that he was going to send the girl away to the delivery of the baby. I am very shocked.  
Sola, Suru-Lere.

**First and foremost concentrate on your studies. You honestly want a steady boyfriend who will eventually become your husband. I am sure you are not for you. Leave him now because he has an excuse or else he will cause you heartbreaks.**

### ACTIONS SPEAK LOUDER THAN WORDS

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JUNE, 1976

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